

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

23-0009-AW

TEST BOOKLET

PSYCHOLOGY PAPER – II

Time Allowed: 3 hours

Maximum Marks: 300

INSTRUCTIONS TO CANDIDATES

Read the instructions carefully before answering the questions: -

1. This Test Booklet consists of 16(sixteen) pages and has 75 (seventy-five) items (questions).
2. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS BOOKLET **DOES NOT** HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.
3. Please note that it is the candidate's responsibility to fill in the Roll Number and other required details carefully and without any omission or discrepancy at the appropriate places in the OMR Answer Sheet and the Separate Answer Booklet. Any omission/discrepancy will render the OMR Answer Sheet and the Separate Answer Booklet liable for rejection.
4. Do not write anything else on the OMR Answer Sheet except the required information. Before you proceed to mark in the OMR Answer Sheet, please ensure that you have filled in the required particulars as per given instructions.
5. Use only Black Ball Point Pen to fill the OMR Answer Sheet.
6. This Test Booklet is divided into 4 (four) parts – Part – I, Part – II, Part – III and Part – IV.
7. All three parts are Compulsory.
8. Part-I consists of Multiple Choice-based Questions. The answers to these questions have to be marked in the OMR Answer Sheet provided to you.
9. Part-II, Part-III and Part-IV consist of Conventional Essay-type Questions. The answers to these questions have to be written in the separate Answer Booklet provided to you.
10. In Part-I, each item (question) comprises of 04 (four) responses (answers). You are required to select the response which you want to mark on the OMR Answer Sheet. In case you feel that there is more than one correct response, mark the response which you consider the best. In any case, choose **ONLY ONE** response for each item.
11. After you have completed filling in all your responses on the OMR Answer Sheet and the Answer Booklet(s) and the examination has concluded, you should hand over to the Invigilator **only the OMR Answer Sheet and the Answer Booklet(s)**. You are permitted to take the Test Booklet with you.
12. **Penalty for wrong answers in Multiple Choice-based Questions:**
THERE WILL BE PENALTY FOR WRONG ANSWERS MARKED BY A CANDIDATE.
 - (i) There are four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, one-third of the marks assigned to the question will be deducted as penalty.
 - (ii) If a candidate gives more than one answer, it will be treated as a **wrong answer** even if one of the given answers happens to be correct and there will be same penalty as above to the question.
 - (iii) If a question is left blank. i.e., no answer is given by the candidate, there will be **no penalty** for that question.

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PART - I
(Multiple Choice-based Questions)

Instructions for Questions 1 to 50:

- Choose the correct answers for the following questions.
- Each question carries 3 marks.

[3x50=150]

1. External validity deals with -
 - (a) Replaceability
 - (b) Generalisability
 - (c) Stability
 - (d) Objectivity
2. The tendency to achieve success is represented by the formula -
 - (a) $T_s = M_s - I_s * P_s$
 - (b) $T_s = M_s * I_s * P_s$
 - (c) $T_s = M_s + I_s + P_s$
 - (d) $T_s = M_s * I_s - P_s$
3. The study of entire range of situations in which people interact with manufactured objects -
 - (a) Ergonomics
 - (b) Entomology
 - (c) Agronomy
 - (d) Ethnology
4. Community psychology has four models of mental health. Which one is not the model of community psychology?
 - (a) Organizational model
 - (b) Mental health model
 - (c) Evolutionary model
 - (d) Social action model
5. The concept of individual differences was first given by -
 - (a) Murphy
 - (b) Darwin
 - (c) Galton
 - (d) Cattell
6. Down syndrome is associated with -
 - (a) Recessive genes
 - (b) No chromosomal aberration
 - (c) Trisomy
 - (d) Gene mutation

7. Negative emotional responses toward members of a group membership -
- (a) Stereotype
 - (b) Prejudice
 - (c) Discrimination
 - (d) Differential attitude
8. Which of the following characteristics applies to measurement that consistently discriminates between high and low scores?
- (a) Validity
 - (b) Reliability
 - (c) Precision
 - (d) Accuracy
9. "Sport Psychology is a field of study in which the principles of psychology are applied in a sports setting." This is said by -
- (a) Alderman, 1980
 - (b) Cox, 1985
 - (c) Gill, 1986
 - (d) Scott, 1990
10. The field defines the term environment broadly -
- (a) Encompassing natural environments and informational environments
 - (b) Social settings
 - (c) Built up environments and learning environments
 - (d) All of them
11. Strategy not used in primary prevention program in rehabilitation is -
- (a) Biological measures of prevention
 - (b) Psychological measures
 - (c) Modelling
 - (d) Harm reduction approach
12. The technique of finding the most effective use of the capacities and abilities of a man -
- (a) Selection
 - (b) Performance
 - (c) Placement
 - (d) Job description
13. Positive _____ is possible through attainment of favourable self-attitude, growth and self-actualization, personality integration, effective perception of reality and environmental mastery.
- (a) Mental function
 - (b) Mental health
 - (c) Mental hygiene
 - (d) Mental disorder

14. Decoding issues often stemming from auditory processing disorders is also known as -
(a) Hyperlexia
(b) Dyslexia
(c) Specific learning disability
(d) None of them
15. Human factor psychology is concerned with human _____ and _____ and designing tasks and equipments to suit them.
(a) Capacities, potentialities
(b) Limitations, insufficiencies
(c) Limitations, weaknesses
(d) Capacities, limitations
16. Glass ceilings are most often observed in /at _____.
(a) Home
(b) Workplace
(c) Professional sports
(d) Religion
17. In Bloom's taxonomy of educational objectives, the following appear in ascending order -
(a) Remember, Understand, Apply, Analyse
(b) Apply, Analyse, Understand, Remember
(c) Understand, Apply, Remember, Analyse
(d) Analyse, Remember, Apply, Understand
18. What is the range of personal space?
(a) 0 – 1.5 ft
(b) 1.5 – 4 ft
(c) 4 – 12 ft
(d) 12 -15 ft
19. Meredith and colleagues (1982) do not identify this important personality trait of good entrepreneur-
(a) Self-confidence
(b) Risk-taking ability
(c) Need for achievement
(d) Reliability
20. What are the effects of crowding?
(a) Psychological and physiological effects
(b) Effect on social behaviour and aggression
(c) Effect on task performance
(d) All of them

21. The leading cause of mental retardation is believed to be –
- (a) Inherited traits
 - (b) Environmental factors
 - (c) Fetal syndrome
 - (d) Organic brain syndrome
22. Principles of motor learning help in achieving excellence in the field of -
- (a) Education
 - (b) Painting
 - (c) Imprinting
 - (d) Sports
23. A technique you can use to learn to control some of your body's functions is called -
- (a) Aversion therapy
 - (b) Biofeedback therapy
 - (c) In vivo technique
 - (d) Covert modelling
24. What is the correct sequence of vicarious learning process used in behaviour modelling practices?
- (a) Motivation, Motoric production, Retention, Attention
 - (b) Attention, Motoric production, Retention, Motivation
 - (c) Attention, Retention, Motoric production, Motivation
 - (d) Retention, Attention, Motivation, Motoric production
25. The "butterflies in the stomach feeling" -
- (a) Phobia
 - (b) Anxiety
 - (c) Stress
 - (d) Depression
26. Ayurveda has three types of routines. Which of the following is not one of them?
- (a) Ritucharya
 - (b) Dinacharya
 - (c) Praticharya
 - (d) Ratticharya
27. Anti-social personalities have -
- (a) Underdeveloped Id
 - (b) Underdeveloped Ego
 - (c) Underdeveloped Superego
 - (d) Underdeveloped Id, Ego and Superego

28. Cognitive competence is related to degree of deprivation -
(a) $CC \propto 1/D$
(b) $CC \propto \sqrt{D}$
(c) $CC \propto \sqrt{1/D}$
(d) $CC = D$
29. A youth is considered a juvenile delinquent -
(a) As soon as he breaks the law
(b) When he is apprehended by the police
(c) When he is processed through the court and adjudicated
(d) All of the above
30. Correctional institutions are finding which one of the following to be the most effective rehabilitative effect?
(a) Punishment
(b) Isolation
(c) Positive reinforcement
(d) Threat of the electric chair
31. The process by which separate groups are combined into a unified society, especially when this is pursued as a deliberate policy. It implies a coming together based on individual acceptance of the members of other groups -
(a) Social integration
(b) Social interaction
(c) Social acceptance
(d) Social compliance
32. The global gender gap index is published by -
(a) World Bank
(b) UNDP
(c) UN Women
(d) World Economic Forum
33. Clamping of curfew in the sensitive areas is analogous to _____ in community mental health.
(a) Primary prevention
(b) Secondary prevention
(c) Tertiary prevention
(d) Any type of prevention
34. In personnel psychology, the assumption is that there are _____ among workers that are important to a successful performance of a job.
(a) Skills
(b) Individual differences
(c) Aptitude
(d) Potentialities

35. Rational- emotive therapy is -
(a) Type A therapy
(b) Type B therapy
(c) Type C therapy
(d) None of the above
36. Behaviour of the mentally ill persons is greatly influenced by their -
(a) Conscious motives
(b) Innate releasing mechanism
(c) Fixed action pattern
(d) Displacement behaviour
37. Which one is not the Kolb's learning style?
(a) Diverging and Converging
(b) Assimilation
(c) Accommodation
(d) Assertiveness
38. Peter Clough proposed 4Cs model of mental toughness for athletes. Which are they?
1. Challenge
2. Commitment
3. Confidence
4. Competition
5. Control
(a) 1,2,3,4
(b) 1,2,4,5
(c) 1,2,3,5
(d) 2,3,4,5
39. The behaviours, attitudes and personality traits that are designated as either masculine or feminine in a given culture -
(a) Gender roles
(b) Gender identity
(c) Personality
(d) Gender difference
40. Community psychology, health psychology, and neuropsychology are considered which of the following in clinical psychology?
(a) Precursors
(b) Continuums
(c) Inferences
(d) Subspecialties

41. Feelings of guilt promote less prejudiced behaviour by -
 (a) Low-prejudice respondents
 (b) High-prejudice respondents
 (c) Both A and B
 (d) Neither A nor B
42. Which of the following is characteristic of social problem?
 (a) It affects a large section of a society
 (b) It always creates frustrations
 (c) None of above
 (d) All of the above
43. Which of the following best describes relative deprivation?
 (a) Not having something that is considered a necessity of life.
 (b) The inequality experienced between different demographics of people.
 (c) Feeling discontent with status or material belongings due to the comparison of others.
 (d) Feeling guilty because you have more than others.
44. An industrial/organizational psychologist does the following tasks *except* -
 (a) Job analysis
 (b) Training and development
 (c) Raise wages
 (d) Developing employee selection systems

45. Match the following -

List-1	List-2
A. Consistency in measurement	1- Validity
B. Actual measurement	2- Reliability
C. Norms in measurement	3- Standardisation
D. Archival measurement	4- Document

- (a) A-2, B-3, C-4, D-1
 (b) A-1, B-2, C-3, D-4
 (c) A-3, B-4, C-1, D-2
 (d) A-4, B-1, C-2, D-3
46. When patients look 'on the top of the world' and 'down in the dumps' they are -
 (a) Schizophrenic
 (b) Manic-depressive psychotic
 (c) Paranoid
 (d) None of them

47. The following are some of the psychological approaches adopted by sport psychologist for service delivery;
- (a) Person centered, psychoanalytic, rational, emotive behaviour therapy
 - (b) Listening therapy, vision therapy and linguistic therapy
 - (c) Environment centred, external focused and irrational behaviour therapy
 - (d) Team therapy, coach therapy and substitute therapy
48. The neurotransmitters involved in schizophrenia are -
- (a) Dopamine and serotonin
 - (b) Dopamine and GABA
 - (c) Serotonin and norepinephrine
 - (d) Serotonin and GABA
49. According to _____ therapies psychological distress arises because of faulty behaviour patterns or thought patterns?
- (a) Insight
 - (b) Behaviour
 - (c) Holistic
 - (d) Humanistic
50. Respectful, caring attitude and appropriate body language, verbal tracking, eye contact and vocal qualities are all part of which of the following?
- (a) Diagnostic interview
 - (b) Rapport building in clinical interview
 - (c) Types of clinical interview
 - (d) Testing

PART - II
(Short Answer-type Questions)

Instructions for Questions 51 to 63:

- **Write the answers in short for any 10 (TEN) out of the thirteen questions.**
- **Each question carries 5 marks.** **[5x10=50]**

51. What is war neurosis?
52. Define ergonomics. State its relevance.
53. Discuss the Psychological Consequences of recent developments in IT.
54. Define juvenile delinquency with suitable examples.
55. Explain the concept of happiness disposition.
56. Define community psychology.
57. What are the indigenous therapies?
58. Define social integration.
59. Discuss Consumer Protection Act.
60. What are the psychological consequences of population explosion?
61. What is the glass ceiling effect?
62. Explain the effect of media on pro-social behaviour.
63. Discuss individual differences.

PART - III
(Long Answer-type Questions)

Instructions for Questions 64 to 71:

- **Answer any 5 (FIVE) out of the eight questions.**
- **Each question carries 10 marks.**

[10x5=50]

64. Critically assess the effects as well as the effectiveness of the different learning styles.
65. Explain mood disorders with examples.
66. Give an overview of vocational guidance and explain the need for vocational guidance.
67. 'It is beneficial to have an industrial psychologist in every factory.' Discuss the statement.
68. How are crowding and density different? Explain.
69. Explain some of the government policies for the promotion of women entrepreneurs.
70. Explain Vroom's theory of motivation.
71. Explain the problems faced by gifted children. Suggest measures to cater to the social and emotional issues of these children.

PART - IV
(Essay-type Questions)

Instructions for Questions 72 to 75:

- *Answer any 2 (TWO) out of the four questions.*
- *Each question carries 25 marks.*

[25x2= 50]

72. "Human beings affect and are affected by the environment". Explain this statement with the help of examples.
73. Define prejudice and discuss the strategies for reducing prejudice.
74. Discuss the concept of health-ill health. Describe the causal factors in mental disorders.
75. "Motivation will impact everything that influences your sports performance." Justify this statement with real life examples.
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